



Hey Rogue Rangers! Meal planning helps us plan ahead and understand the costs of cooking. Work with an adult in your household and plan a meal. Set a budget, make a menu, shop and cook.

Name: _____ Age: _____ Date: _____

Main Dish: _____
Side Dish: _____
Dessert: _____

Ingredients Needed


_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Budget

Projected Spending: _____

Total Spent: _____

Prep Work



Shopping List

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____