



**Expenses** 

This worksheet will help you track your spending and create a spending plan to help you reach your financial goals. This is a **monthly** budget but you may find that you have some income and expenses that occur less often like car insurance or getting a tax return. If this is true, divide the total expense by how often you pay it. For example, if you pay \$350 in car insurance every 6 months, take  $$350 \div 6 = $58.33$  per month. Include this monthly expense into your budget.

	me Source	Monthly Total
Paycheck(s) net pay AFTER taxes		\$
Tax Return (annual amount ÷ 12)		\$
Othe	r Income (Child Support, Alimony, Food Stamps, etc):	\$
		\$
Total Monthly Income		\$
Fixe	ed Expenses	Monthly Total
	Rent/Mortgage	\$
	Renter's Insurance/Homeowner's Insurance	\$
	Property Taxes (annual amount ÷ 12)	\$
ስበ	Electricity (monthly average)	\$
Housing	Natural Gas/Propane (monthly average)	\$
Sno	Water/Sewer (monthly average)	\$
¥	Garbage	\$
	Internet	\$
	Cable/Satellite	\$
	Phone	\$
	Auto Payment	\$
Auto	Auto Insurance	\$
An	Auto Maintenance (typically \$20-\$50 per month)	\$
	Other	\$
	Health Insurance	\$
;	Life Insurance	\$
Health	Monthly Prescriptions	\$
Ĭ	Gym Membership	\$
	- Cylii Monisonip	Ψ
	Child Care	\$
Kids	Child Support	\$
<u> </u>	Other	\$
	Emorgonov Covingo	\$
<u>ത</u>	Emergency Savings	
Savings	Retirement Savings (only track if taken out AFTER taxes)	\$
Š	Other	\$
<u></u>	Other (Credit Cards, Personal Loans, Alimony, Student Loans):	\$
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Other		\$
<u> </u>		\$
		\$
	Total Monthly Fixed Expenses	\$





\$

**Variable Expenses Monthly Total** Home Repairs (estimate 1% home value ÷ 12) \$ Groceries \$ Meals Out \$ Gasoline \$ \$ **Public Transportation** \$ Parking and Tolls Pet Supplies \$ Grooming \$ Clothing and Shoes \$ \$ Laundry \$ Beauty/Personal Care Additional Medical Expenses/Co-pays \$ Educational Expenses (Tuition, Sports, Activities, etc.) \$ \$ Entertainment Vacations \$ Money Given or Sent to Family \$ Donations/Charity \$ Gifts \$ Tax Payment (annual amount ÷12) \$ Other Expenses \$ **Total Monthly Variable Expense** \$ = **Amount Left From Amount Left For Extra Debt Payoff, Variable Expenses** Pg. 1 Savings, or Lifestyle Extra Savings, Debt Payment, etc. \$ \$ \$ \$

If you have a **positive** amount left over, think about contributing more to savings, retirement or paying off debt.

Final Balance (to have a balanced budget, your final balance should be \$0)

If you have a **negative** amount left over, you may need to cut some of your expenses. For some great ideas, check out the Consumer Federation of America publication "66 Ways to Save Money" at <a href="http://www.consumerfed.org/pdfs/66ways.pdf">http://www.consumerfed.org/pdfs/66ways.pdf</a>.